Counseling Interventions for Computer-Assisted Career Guidance

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Available CACG Components

- Needs Assessment and Recommended Use
- Assessment
- Search for Options
- Information Delivery
- Instruction
- Action Planning

Challenges We Face

With limited resources

avoid over-serving or

under-serving our clients

Possible Solution

Three-Step Counseling Model for CACG

1) Screening

2) Orientation

3) Follow-Up

Effective Use of the Model

- Use as potential rather than required interventions
- Use to stimulate thinking among practitioners
- Use when systems or staff change
- Use when planning evaluations

Effective Use of the Model

Minimum Use of the Model

- Amount of support provided depends on readiness
- Screening is required

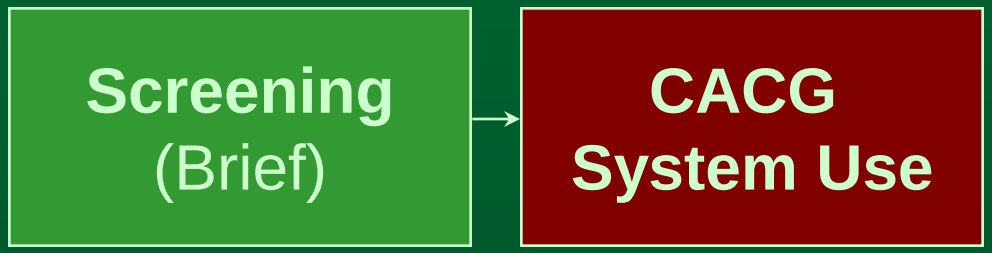
Determining Support Needed

High readiness -
Self-help services

Moderate readiness -
Brief staff-assisted services

Low readiness -
Individual case-managed services

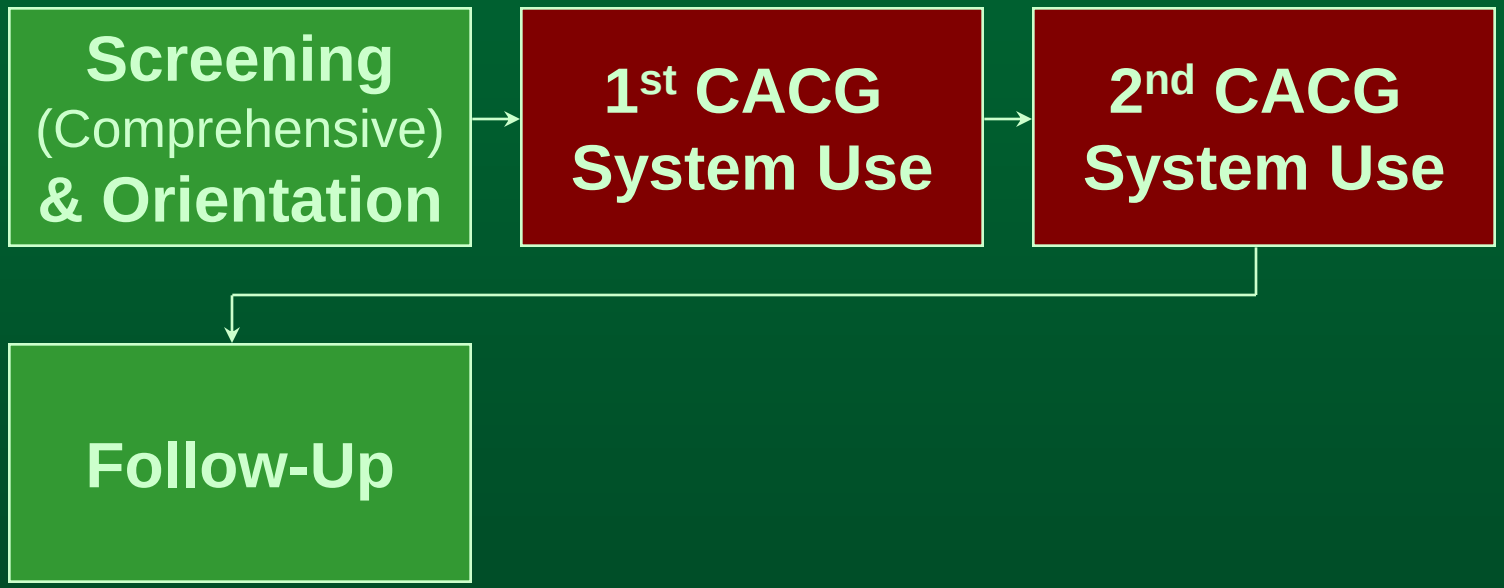
Self-Help Services



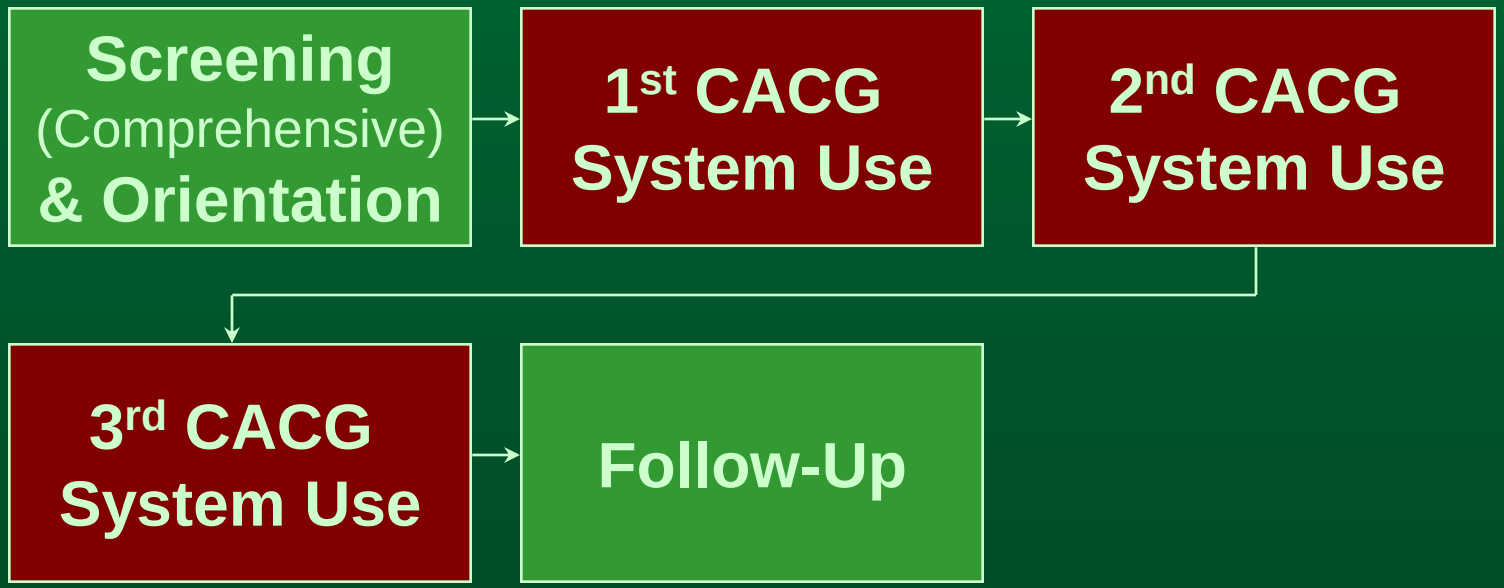
Self-Help Services

Self-Help Services

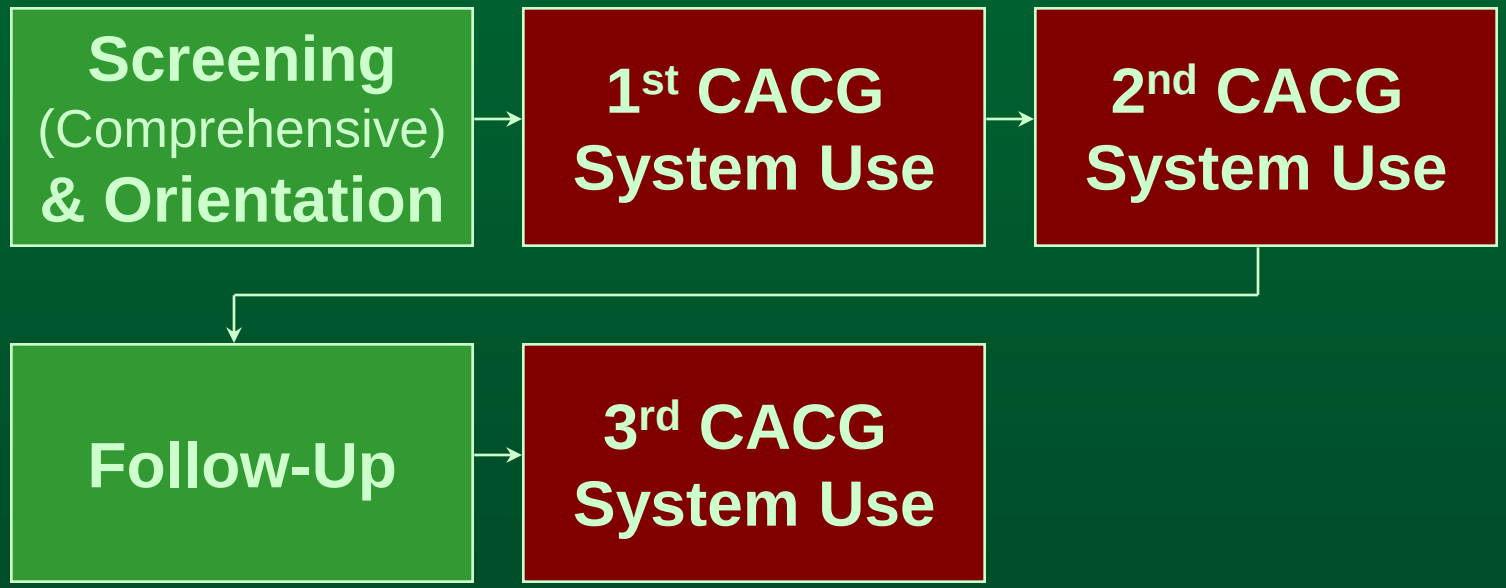
Brief Staff-Assisted Services



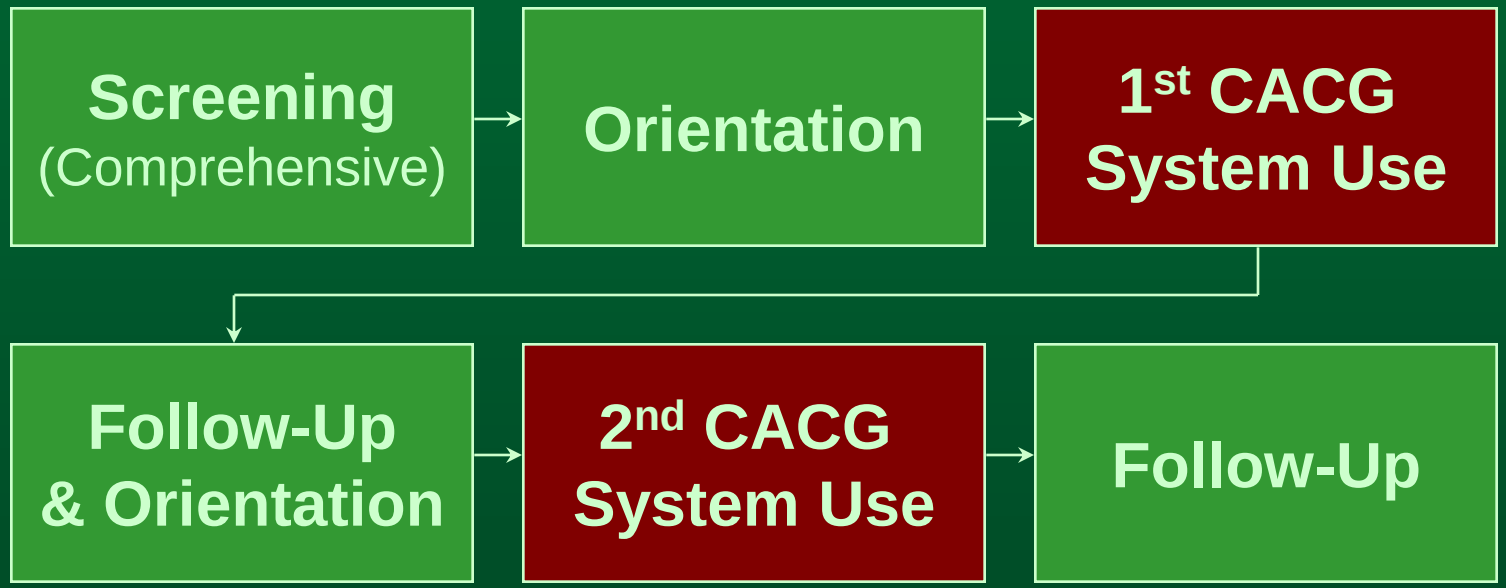
Brief Staff-Assisted Services



Brief Staff-Assisted Services



Individual Case-Managed Services



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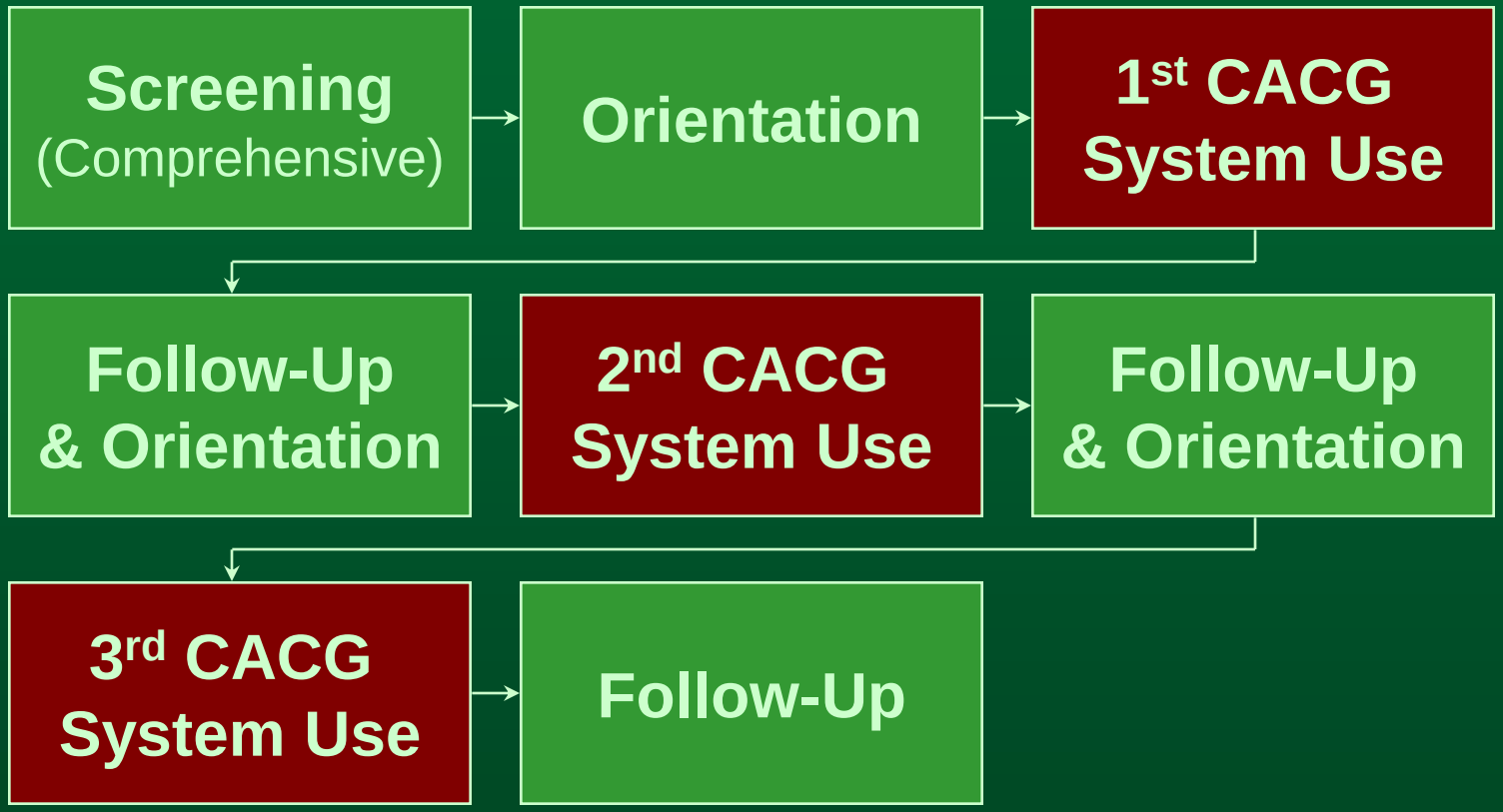

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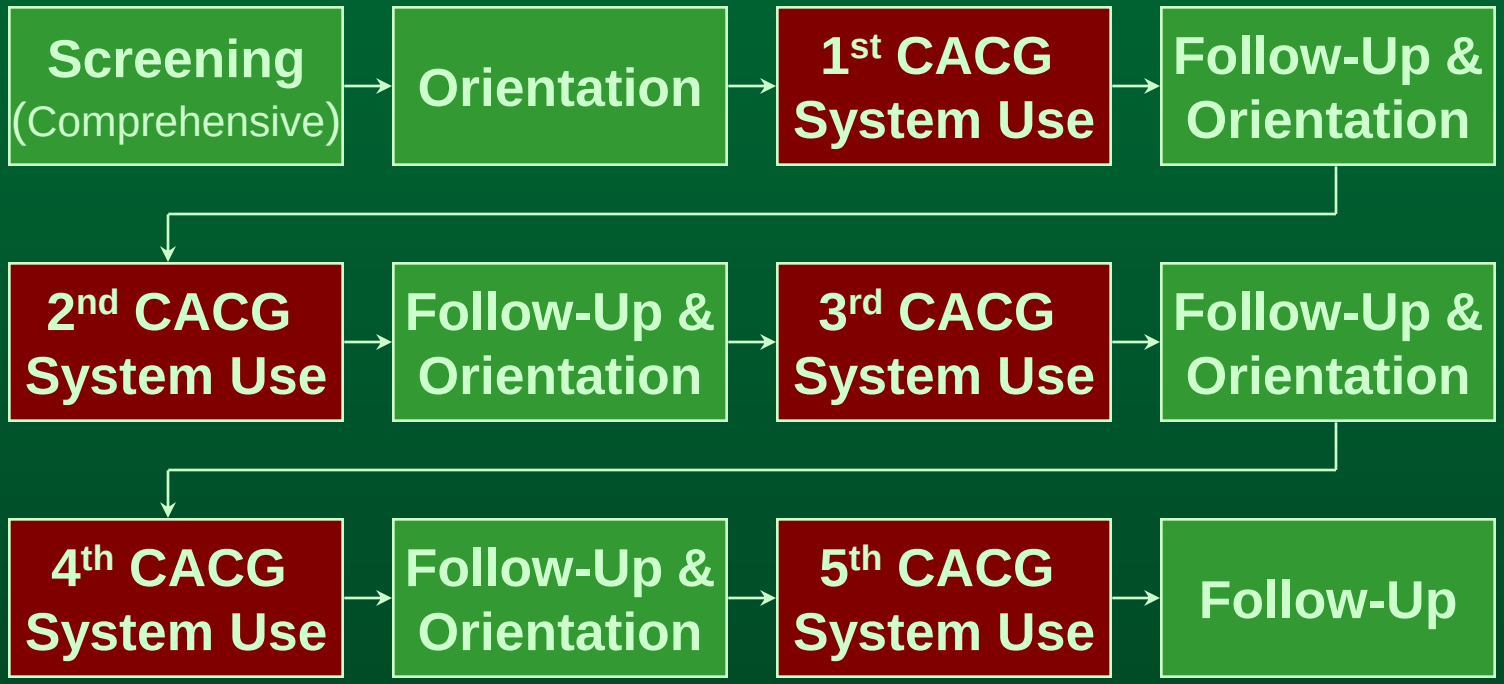

Screening

Purpose: helps ensure that system use fits client needs

Screening

Key Counseling Functions:

- Client information is obtained
- Needs are clarified
- Recommendations are made about services and resources

Screening

Potential Outcomes:

- A helping relationship exists
- Clients understand their needs
- Clients understand how needs may be met
- Clients have a system use plan

Orientation

Purpose: helps ensure effective system use by promoting understanding of system use to meet needs

Orientation

Key counseling functions:

- System information is provided
- System functioning is related to specific client needs.

Orientation

Potential Outcomes: the client should be

- better prepared for system use
- more confident of successful system use

Follow-Up

Key Counseling Functions: helps ensure that clients have used the system to meet needs and have a plan for future action

Follow-Up

Key Counseling Functions

- Helping relationship continues
- System use is monitored
- Needs are reviewed & suggestions made for further resource use
- Future career choices are discussed

Follow-Up

Potential Outcomes:

- have used the system to meet needs
- be aware of progress in meeting needs
- understand the use of additional resources to meet needs
- be better prepared for future choices

Effective Career Interventions

- Since client needs vary, effective career interventions should vary among clients
- Similar services for each client are not likely to effectively meet needs

Cost-Effective Services

The right resource
used by the right person
with the right level of support
at the lowest possible cost

For Additional Information

www.career.fsu.edu/techcenter/

Thank You