Distance Counseling: Eleven Key Points
The Internet: A Tool for Career Planning

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Key Points of Distance Counseling

- Relationship change: Not necessarily better or worse, just different.
- Privacy of information: Inability for third parties to gain access to client information; protect anonymity.
- Communicate emotion in e-mails
Key Points of Distance Counseling

- Validity of client ID
- Equality of access: People with disabilities etc.
- Technical capabilities/shortcomings of systems
- Theoretical Modalities: New theories, revisions of existing ones
Key Points of Distance Counseling

- Nature of sessions: Length, frequency
- Mode of distance counseling: Phone, e-mail, or video conferencing
- Change in physical proximity, not psychological proximity
- Payment
For Additional Information

www.career.fsu.edu/techcenter/

Thank You