## **Expanding your Advocacy and Taking Action**

## **Expanding your Advocacy** (Jennings and Mazur, 2008)

- Identify issues
- Conduct research
- Identify and contact your senators and representatives
  - <u>www.house.gov</u> or <u>www.senate.gov</u>
- Become part of the Legislative Listserv
  - Ncdaleaders-request@acrna.net
- Act locally

## **Taking Action** (Brown, 2006; Jennings and Mazur, 2008)

- Stay informed & communicate with peers in field
- Teach legislators
  - Attend public forums/Speak publicly/give presentations
    - Community gatherings
    - Testify on legislation that effects your clients
    - Conference
  - Write
    - Publications for professional associations and newspaper
    - Letter or email to newspaper, local news, legislators, and/or the president
- Empower clients to be their own advocates
- Get involved in professional associations, such as:
  - Each One Reach One
  - NCDA Committees
  - Mentoring Program