Collaborating with Athletic Departments and Providing Athletes with Career Services S. Rodriguez Florida State University

Career Liaison

• Faculty member serves as liaison between Career Center and Department of Athletics

Graduate Assistantship

- ½ Career Center, ½ Department of Athletics (10 hours per week at each site)
- Career Center covers tuition waiver
- Department of Athletics covers stipend
- Provide workshops and one-on-one career services in the Department of Athletics

Summer Bridge

- Presentation on Career Center services and Cognitive Information Processing theory relating specifically to incoming freshmen athletes
- Takes place in Career Center as tour and scavenger hunt are included in presentation

Office of Athletic Academic Support Services

Mentoring Program

 Assist student-athletes in a variety of skill sets including time management, study skills, and career-related issues (Can be part of assistantship or OPS)

Study Hall Monitoring

• Not only is this an opportunity to get to know the athletes but it is also a time they can seek career services at their convenience (Part of assistantship)

Office of Athletic Student Services

PHAT Tuesdays

Presentation on Career Center services to freshmen and transfer athletes

Senior Transition Classes

 Presentation on Career Center services and transition-related skills catering to senior athletes (i.e., SeminoleLink, Interviewing skills, Job search strategies)

FSU Freshmen Athlete Questionnaire – Fall 2008

Participants

101 Freshmen Athletes

o Baseball (12, 11.9%) oBasketball (10, 9.9%)

○ Cheerleading (14, 13.9%) ○Cross Country/Track and Field (22, 21.8%)

Dance (8, 7.9%)
 Soccer (8, 7.9%)
 Swimming/Diving (12, 11.0%)
 Tannis (2, 2.0%)

○ Swimming/Diving (12, 11.9%) ○Tennis (2, 2.0%)

o Volleyball (3, 3.0%)

Results

Major Choice: Business (25, 24.8%)

Exercise Science (22, 21.8%)

Biology (9, 8.9%)

Sport Management (8, 7.9%)

Undecided (6, 5.9%)

Occupations: Professional Athlete (18, 17.8%)
(Alternatives) Athletic Trainer (18, 17.8%)

Manager (15, 14.9%)

Physical/Occupational Therapist (13, 12.9%)

Doctor (12, 11.9%)

Athletic Coach (12, 11.9%)

Teacher (11, 10.9%)

Occupations: Yes primary choice, Yes alternatives (43, 42.6%)

(Primary Choice) No primary choice, Yes alternatives (30, 29.7%)

No primary choice, No alternatives (18, 17.8%) Yes primary choice, No alternatives (10, 9.9%)

*Professional Athlete (12, 11.9%)

Future Career Plans: Job related to field of study (44, 43.6%)

Job that combines field of study and sports (39, 38.6%)

Go to graduate school (36, 35.6%)

Become a professional athlete (34, 33.7%)

Job in sports but not related to field of study (11, 10.9%)

Unsure (10, 9.9%)

Job not in sports and not related to field of study (6, 5.9%)

Career Service Areas: Gaining experience (60, 59.4%)

Preparing resumes or cover letters (42, 41.6%)

Networking (41, 40.6%)

Matching majors to occupations (39, 38.6%)

Identifying employers (36, 35.6%) Preparing for interviews (36, 35.6%) Applying to graduate school (31, 30.7%)

Choosing a major (12, 11.9%)