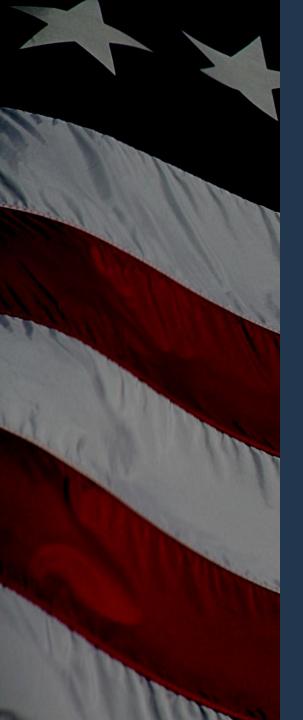


Exploring career and mental health concerns in college student veterans

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Overview

- College student veterans
- Mental health concerns
- Career development concerns
- Use of career services
- Gaps in empirical literature



Introduction

• Influx of veterans entering higher education

Veteran unemployment rate

Minimal amount of literature

 Confront many challenges during their transition to student life



College Student Veterans

- Demographic characteristics
- Subgroup of non-traditional students
- Camouflaged population

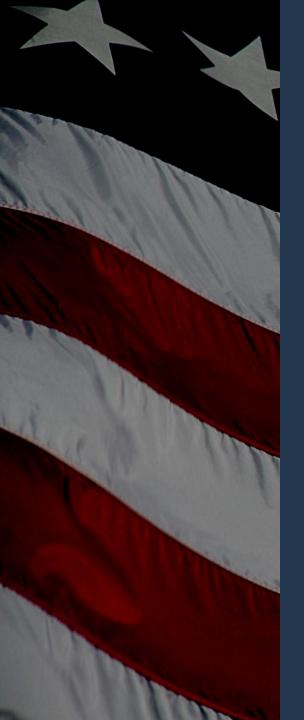


Mental health concerns

• Physical, psychological, and emotional issues

Impact of active duty deployment

Service utilization



Mental health concerns and academic functioning

- Impact of mental health on academic performance
- PTSD symptoms negatively correlate with a number of academic variables



Career development concerns

- Examples of difficulties
- Limited research
- Career decision self-efficacy



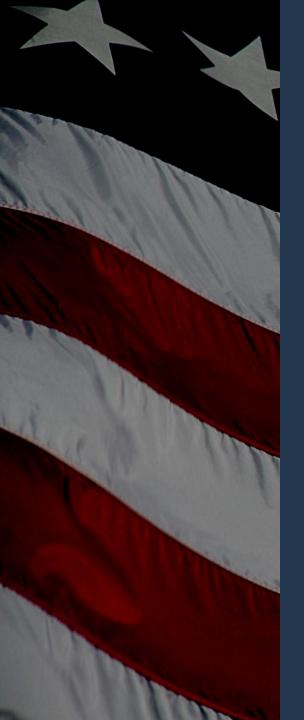
Use of career services

- Minimal research related to this topic
- Use of career resources in the future
- Results of a needs assessment



Gaps in empirical literature

- Small sample sizes
- Limited diversity
- Single institutions surveyed
- Comparison groups
- Longitudinal studies
- Theory application

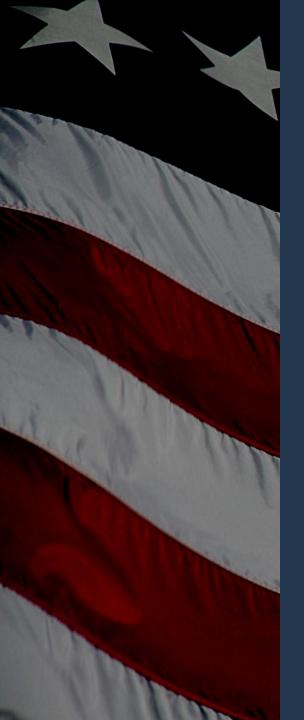


Areas of future research

• Minimal literature related to career and mental health concerns

• Readiness factors in a college student veteran population

Needs assessments and use of career services



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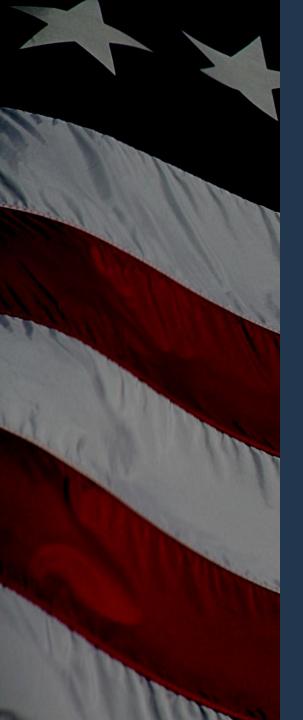
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Additional information

www.career.fsu.edu/techcenter/

NCDA Veterans Committee www.ncda.org

THANK YOU!