SDS 3340 Critical Ingredients in Career Interventions

The list below highlights the variety of evidence-based assignments and activities included in the SDS 3340 – Introduction to Career Development course taught at FSU broken out by the critical ingredients in career interventions identified by Brown et al., 2003.

**Workbooks and written exercises**
- Autobiography
- Career Thoughts Inventory Workbook activities in class
- FSU Skills Portfolio Activity
- Individual Action Plan

**Individualized interpretations and feedback**
- Instructor conferences
- Self-Directed Search Interpretive Report
- Career Thoughts Inventory
- Resume and Cover Letter critiquing

**World-of-work information**
- SIGI\(^3\) and FOCUS 2 Computer Feedback Forms
- Career Field Analysis Paper
- Career Center tour and scavenger hunt
- Information Interviews
- Self-Directed Search Occupations Finder & Interpretive Report
- Alternative Ways of Working, Dual Career Couple, & Employer panels

**Modeling**
- Strategic Academic/Career Plan Project
- Class lectures & small group meetings

**Attention to building support**
- Instructor conferences
- Information Interviews
- Alternative Ways of Working, Dual Career Couple, & Employer panels


**RT #1-3 Effective Career Course Interventions to Navigate Lifelong Career Decision**

*Florida State University, [casey.dozier@fsu.edu](mailto:casey.dozier@fsu.edu)*

[https://career.fsu.edu/tech-center/resources/presentations/ncda-presentations](https://career.fsu.edu/tech-center/resources/presentations/ncda-presentations)
SDS 3340 NACE Career Readiness Competencies

The list below highlights the variety of National Association of Colleges and Employers (NACE - https://www.naceweb.org/career-readiness/competencies/career-readiness-defined/) career readiness competencies integrated throughout this career course.

**Career management**
- Chapter 1: Introduction to Career Planning
- Career Center Tour & Scavenger Hunt
- Instructor Conference & Career Center Library
- Chapter 15: The First Job and Early Career Moves

**Critical thinking/problem solving**
- Chapter 2: Skills
- Chapter 4: Career Decision Making
- Chapter 14: Negotiating and Evaluating Job Offers

**Digital technology**
- Chapter 3: Knowing about my Options
- Chapter 7: Working in the New Global Economy
- Chapter 12: Job Searching on the Internet

**Global/intercultural fluency**
- Chapter 6: Careering in a Changing World
- Chapter 8: Organizational Culture

**Leadership**
- Chapter 2: Skills
- Chapter 13: Interpersonal Communications in Job Hunting

**Oral/written communications**
- Alternative Ways of Working, Dual Career Couple, & Employer panels
- Chapter 12: Written Communications in Job Hunting
- Chapter 13: Interpersonal Communications in Job Hunting
- Critiquing Resumes and Cover Letters

**Professionalism/work ethic**
- Alternative Ways of Working, Dual Career Couple, & Employer panels
- Chapter 14: Negotiating and Evaluating Job Offers
- Chapter 15: The First Job and Early Career Moves

**Teamwork/collaboration**
- Chapter 2: Values & Skills
- Chapter 15: The First Job and Early Career Moves