

INCREASE YOUR SELF-KNOWLEDGE

Steps to clarify interests, values, and skills

COMPLETE FOCUS 2 & SIGI3

- Discover your academic and career-related skills, interests, and values using [SigI3](#).
- Match your [FOCUS 2](#) personality assessment results to the numerous majors available at FSU

USE CARD SORT ACTIVITIES

Do you learn best through a combination of discussion and hands-on activity? Ask a Career Advisor about using a card sort to explore your career values, interests and skills:

- Choose from 3 decks depending on your goal: values, interests or skills card sorts
- Identify language to describe what's important to you using concise words and phrases

IDENTIFY YOUR TRANSFERABLE SKILLS

Use the [Transferable Skills Checklist](#) to:

- Identify the skills you possess that are necessary for a variety of work settings
- Reflect on the skills you may want to develop to become more competitive
- View sample words and phrases for skills you want to include in your résumé

TAKE THE SELF-DIRECTED SEARCH (SDS)

Researching occupations that fit can be difficult. Make it simpler by taking an SDS assessment, an exploration tool that matches your aspirations, activities, and talents to the career choices and educational opportunities that fit you best. With the help of a [career advisor](#) you will:

- Learn how your values, interests, and skills sync with both major and occupational decisions
- Conduct broad research before narrowing on a few of good options

There are hundreds of student organizations aimed at a variety of interest areas, both academic, humanitarian, and social:

ENGAGE IN A STUDENT ORGANIZATION

- Join student organizations that are meaningful to you through [Nole Central](#) to gain experience and clarify goals
- Identify vacant leadership positions that you may want to apply for
- Stay updated about organizations' events like info. sessions and meet ups

OTHER ACTION STEPS

- Meet with a Career Advisor or Liaison
- Visit career.fsu.edu/Students/Plan-Your-Career
- Watch this [Candid Career Channel](#)
- Search our online catalog, Career Key, for keywords: personality, career planning, types, college majors



FLORIDA STATE UNIVERSITY
DIVISION OF STUDENT AFFAIRS

THE CAREER CENTER