Effective career course interventions to navigate lifelong career decisions

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Key Elements
Career theory base – Cognitive Information Processing (CIP) & RIASEC
Offered through a College of Education – managed by a Career Center staff member in a faculty line
Course is credit-based, option of variable credit
Offer 12 times a year-5 sections in fall/spring; 2 in summer; 2 day per week & 3 day per week options
Team-taught with lead instructor
Course content/assignments includes the “essential ingredients in career interventions”

Strategies in managing and implementing career courses
Collaboration between academic and student affairs unit
Regular lead instructor meetings
Developing TA training
Staff support within career center and academic unit
Connecting teaching & research with Career Center mission

Organizational challenges
Change in leadership – Dean, department head, career center director
Team-taught vs. individual instructor
Course/instructor funding

Class Resources & Assignments
Syllabus/Textbook
Assessment materials – Career Thoughts Inventory, Self-Directed Search, CACG systems
Career Center as a “Lab”

Career Course Outcomes
Designing course research; using archival database
Simple to complex options
Graduate student research; Career Center student outcomes
Documenting student research; Career Center student success stories

Sample Career Courses
Variations in credit hours
Lower division vs. upper division classes
“Home grown” text, Published text, vs. no text
Sources of Additional Information


FSU Career Center course website: https://career.fsu.edu/students/plan-your-career/sds-3340-introduction-to-career-development


See course related research citations and technical reports at: https://career.fsu.edu/tech-center