Authors: Darrell Anthony Luzzo, Lisa Ellen Severy

Focus
- Career planning and decision making
- Intended audience: “undecided” college students or those considering a career change
- Integrates theories of Super, Jung, Holland, Roe, and Bandura throughout the book
- Practical orientation

Background
- Total of 14 references
- Luzzo is very involved in the field and teaches several college courses. Severy is also involved in the field and periodically teaches career courses.

Content
- Total of 168 pages with no black and white illustrations
- Assignments/Learning Activities included throughout the text
  - Activities/Assignments: 24
  - Tables/Figures: 0
- Text is broken into nine topics and incorporates the following theories:
  - The Developmental Process of Making Career Decisions (Super)
  - Assessing Your Personality and the Way you Naturally Do Things (Jung)
  - Assessing Your Professional Interests and Skills (Holland)
  - Recognizing the Importance of Your Values
  - Exploring Life Themes
  - Integrating Information about Yourself (Roe)
  - Methods of Career Exploration
    (includes OOQ, O*Net, OOH, SIGIplus, CHOICES, DISCOVER, Career Information Systems, Informational Interviews, NCDA, Job Shadowing, Part-time and Volunteer work)
  - Identifying and Overcoming Barriers (Bandura)
  - Making the Tentative Career Choice

Instructional Support and Cost
- Cost of book: $29.33
- Instructor’s manual (price unavailable)
- PowerPoint slides (price unavailable)
- Various value packs available through Prentice Hall website